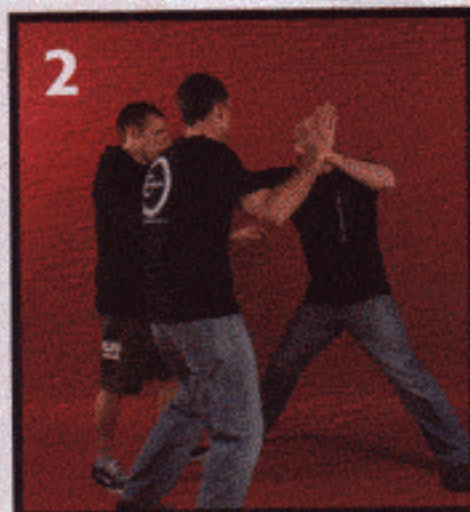


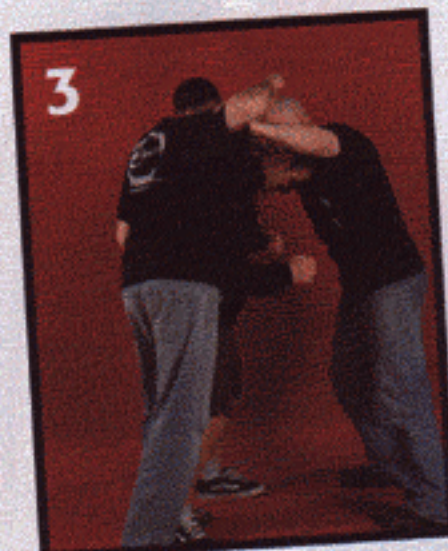
## DEFENCE AGAINST MULTIPLE ATTACKERS: JIM WAGNER'S RBPP



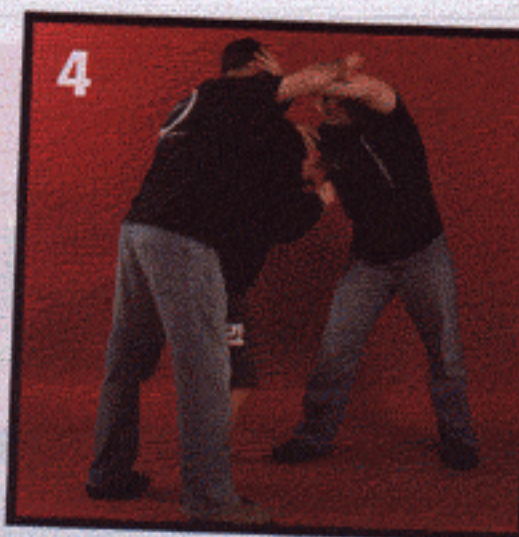
1  
When approached by two aggressors, Jones positions himself to one side (rather than in the middle) and just beyond striking range as he raises a passive guard and attempts to defuse the situation.



2  
As the furthest aggressor comes forward to attack, Jones preemptively attacks the nearest guy's face/eyes...



3  
...and yanks his head down with a 'single neck-tie', partially using him as a shield as he jams the first attacker's overhead strike.



4  
...then immediately finds his eyes to counter-attack with a gouge...



5  
...driving his fingers into the attacker's eyes to send him reeling back.



6  
Jones then steps back, attacking the nearest attacker's eyes from on top, while rotating his head to take him off balance and put him between Jones and the furthest attacker.



7  
Dragging his opponent down with the neck-tie and gouge, Jones then looks for an opportunity escape.



8  
Close-up of the neck-tie hold: Note, the forearm is in tight against the opponent's neck/body and he cups the back of the skull rather than lower on the neck or higher up on the head.



## Matt Jones

Matt Jones is the founder of ISO Health in Adelaide, South Australia. He is also the Australian Director of Jim Wagner's Reality-Based Personal Protection System (RBPP). At ISO Health, Jones teaches RBPP, his own Standup-Clinch program and Brazilian Jiu-Jitsu (BJJ). He is also a regular contributor to *Blitz* magazine on fitness training and self-defence-related topics.

Jones's focus in his teaching is to "bring functional and effective martial arts to the average Joe and Jane, and help them develop a high level of skill in an environment that is both safe and fun". Although Jones's focus at ISO Health is self-defence, several of his students have recently started enjoying competition, having performed very well in BJJ and more recently in full-contact *san-shou*. While Jones is neither pro- nor anti-competition, he feels it gives his team a chance to pressure-test much of their

material. "I also feel that the process of having ISO Health's members assist each other in preparation for competition builds a great sense of unity and inspires team members to reach new levels in their overall development," he says.

One of the unique things about Jones is that he broke his neck at the age of 15, when he was competing in the Australian Championships for BMX. After a long process of rehab and surgery that resulted in a spinal fusion, bone graft and the addition of some screws and a metal plate, he was up and about again. Jones believes that having lived through this type of experience has been the great catalyst for his efforts to develop effective and realistic training methods that still emphasise the safety of participants. Along with being the Strength and Conditioning Coach for Golf Education Australia, Jones is also an instructor of Brazilian Jiu-Jitsu and Floro Fighting Systems (knife-combat). **IS**

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